



Erasmus+ KA2 "My EUrope, my FUture, my RESponsibility – Energy and sustainability"

A Lesson Plan on Energy



Gymnasium of Eani – Lyceum of Velestino

Section 1: What is energy? What are the sources of energy?

Aim: To get to grips with definitions and general notions of different forms of energy

Objectives: - to introduce students to the lessons about heating

- to introduce students to renewable forms

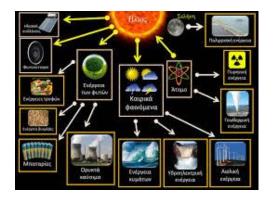
Classroom time: 90' (two 45'lessons)

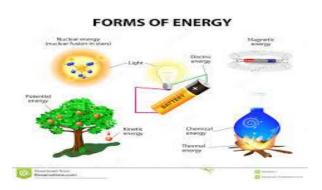
1. Read the following text carefully:

What is energy

Energy is so intertwined with our everyday life that only its absence makes its necessity evident. All human activities bind, produce, consume, transform, store, and degrade huge amounts of energy. Every citizen of developed countries consumes as much energy as the muscles of 100 large men or 12 strong horses produce.

The action appears in many formats: motion, heat, chemical bond energy or electricity. Even mass is a form of energy. Energy can come from different sources such as wind, coal, timber or food. All energy sources have a common feature. Their use enables us to put objects in motion, change temperatures, produce sound and image. In other words, we are given the opportunity to produce work.





Where does the energy come from?

The cycle of energy production and consumption starts with the original forms of energy such as coal, crude oil, wind, sunlight or natural gas. These forms are characterized as primary energy and, of course, they can hardly be used by consumers. The next step is to transform primary forms into final energy such as electricity or gasoline. Finally, suitable equipment or devices such as the car or TV convert final energy into useful energy by providing energy services.

Energy sources

The commonly used term "Energy Sources" is not scientifically valid because, according to the Energy Conservation Act, energy is neither created nor destroyed. It simply changes styles. Generally, however, the term Energy Sources describes power generation potential. Energy sources are generally classified into two categories:

- Nonrenewable
- Renewable

2. Answer the following questions:

a) In what form does the energy appear? Fill in the spaces with the words given to you.

The action appears with many	Movement,	, energy of chemic	cal bonds or
Is a fo	orm of energy. All ene	rgy sources have one	
Their use enables us	to put objects in motic	on, to change	, to
produce sound and picture. In othe	r words, we are given	the opportunity to pr	oduce
(Wind, forms, heat, timber, food, el	ectricity, mass, gas, co	ommon feature, powe	er, work, sun,
temperatures)			



b) Assign words from column A to words in column B

Original forms of energy	Crude oil	
	Renewable	
Energy sources	Electricity	
	Sun light	
Final action	Nonrenewable	
	Petrol	

c) Mark suggestions as True (T) or False (F)

The action appears in specific formats	
Appropriate equipment or devices such as car or TV turn the final energy into	
useful energy by providing energy services	
All energy sources have different characteristics	
Energy is created and destroyed	
Energy sources are generally classified into three categories	

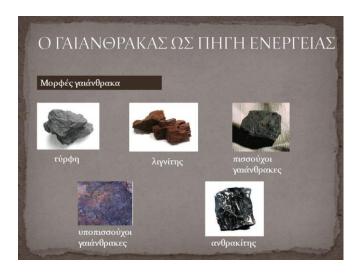
Section 2: Renewable and Non Renewable Energy Sources

1. Read the following text carefully:

Non-renewable energy sources

Non-renewable sources of energy are the sources that are not replenished or replenished very late for human measures by natural processes. Non-renewable energy sources mainly include coal, oil and natural gas, also known as fossil fuels. Of course, nature does not stop creating either coal or oil. But if we consider that humanity consumes as much fossil fuel every day as nature can create in about a thousand years, we now perceive the concept of renewable energy.

Coal





Oil





Natural gas





Nuclear energy





Renewable energy sources

Renewable Energy Sources (Renewable Energy Sources) have defined energy sources that are abundant in the natural environment. It is the first form of energy that man used before turning intensely on the use of fossil fuels. RES is practically inexhaustible, its use does not pollute the environment and its exploitation is limited only by the development of reliable and economically acceptable technologies that will aim to freeze their potential. Interest in the development of these technologies first emerged after the first oil crisis in 1974 and was consolidated after awareness of the world's major environmental problems over the last decade. For many countries, RES is a domestic source of energy with favorable prospects of contributing to their energy balance, contributing to reducing dependence on imported imported oil and enhancing the security of their energy supply. At the same time, they contribute to improving the quality of the environment, as it has now been established that the energy sector is the industry primarily responsible for environmental pollution. The forms of renewable energy are:

• The sun - solar energy, with active solar sub-systems, passive solar systems and photovoltaic conversion,





• The wind - wind energy,





• Hydroelectric power, limited to small hydroelectric power of less than 10 MW,







• Geothermal - geothermal energy: high and low enthalpy,

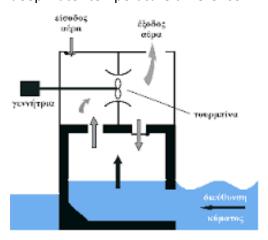


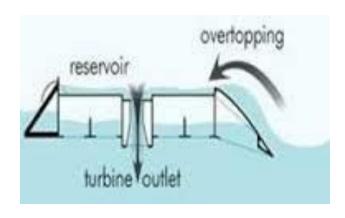
• **Biomass:** thermal or chemical energy with the production of biofuels, the use of forest residues and the utilization of industrial agricultural (plant and animal) and municipal waste,





• The seas: wave energy, tidal energy and ocean energy from the surface temperature and deep water temperature difference.





2) Match the following words:

	Biomass
Renewable energy sources	Natural gas
	Wave energy
	Nuclear energy
Non-renewable energy sources	Sun
	Coal
	Water
	Wind

3) Choose the right ans	swers from each question	n:	H
a) Sources that are not renatural processes are call	eplenished or replenished ve led:	ery slowly for human mea	asures by
Renewable	☐ Non-Renewable	☐ Insufficient	☐ Pollutants
b) Non-renewable energy	sources include:		
Sun	Carbon	☐ Natural Gas	Wind
c) Renewable energy sou	rces include mainly:		
☐ Waters	Biomass	☐ Petroleum	☐Geothermy
d) Renewable energy sou	rces are practically:		
☐ Exhausted	Clean	☐ Polluted	☐ Exact

Section 3: Tele-Heating – Definition - General information

Aim: To acquaint students with a special form of heating in a country

Objectives: - to introduce specific vocabulary and terminology on heating

- to assist students enhance their vocabulary comprehension and writing production <u>Classroom time</u>: 90' (two 45'lessons = Section 3 & 4 can be done in one lesson, Section 5 can be used also as time for recapitulation, feedback and further reading as introduction into a new chapter of Energy Geography).

1. Read the following text carefully:

Definition - General information

Tele-heating is defined as the provision of heating with a special network of insulated pipes carrying hot water, which is heated in boilers, usually in thermoelectric plants, far enough away from the consumption area. It is the heating of the buildings of a city or part of the city from a central burner rather than individual ones.

The heating of water is by burning gas, oil or coal (lignite) in a plant mainly producing electricity and thermally or vice versa.

The heat required to heat district heating water comes from the steam used in the plant and in particular from the end of the process. Steam has a temperature of 120 ° C-140 ° C. This hot steam heats the water used in the district heating, passing the pipes it is transported with, next to the steam - that is to say a heat exchanger. At the beginning of the flow, the water has a temperature of 100 ° C and the return of 200 - 400C.

The first small-sized T / C installation in Greece started in Ptolemaida in 1960, heating the PPC settlement in the suburb of Eordea by Ptolemaida.

Today, the T / C facilities have the cities of Kozani, Ptolemaida, Amynteou, Filotas, Megalopolis and Serres, which use the thermal load of neighboring thermal power plants.





Tele-heating in Kozani

More than 75 million euros (currently approximately 110 million euros) have been invested since 1992 in the district heating of Kozani, which has been successfully operating since 1993,

heating approximately 25,000 apartments, to a total of 4,900, About, buildings. This money came from European programs, And own resources of DEYAK and resulted in:

- The steam installations from the III / V and V units III of the SA / Dimitriou
- High-end boiler room
- Transport and distribution pumping stations
- Supply and distribution network, with a total length of more than 450 pipes kilometers.





Tele-heating: Economy and protection of the environment

The operation of T / C benefits both Kozani and its inhabitants as well as our national economy, because The quality of life of residents, which enjoy a cleaner environment, free from the chimneys of oil and oil-fired central heating, have burdened the already impoverished atmosphere of our PPC activities.

The inhabitants of Kozani spent 65 million euros less heating, increasing their disposable income accordingly. In the future and every year this amount will be about 10 million euros.

Foreign currency was saved due to non-consumption of 380,000 tons of heating oil. Every year 32,000 tons of heating oil will be saved.

New jobs were created, directly and indirectly, and new impetus was given to the commercial and craft activity of the city.

Since 1994 there have been 40 employees working on the system, and it is estimated that more than 100 people per year have been employed in the construction of the project since 1993.

There is the possibility of further development of the area with multiple activities in the primary and secondary sectors, such as greenhouses, dryers etc.



1.	Answer	the	fol	lowing	questions
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Answer the
2
eat, boilers, he

a) How is district heating specified? Fill in the spaces with the wo	rds
given to you.	

District heating (T / C) is the supply	With a special network
pipes carrying hot water, w	hich is heated to
, Usually in thermoelectric	, far enough from
the consumption area. It is the heating of the	e buildings of a city or a part of
the city by burner rather than	n

(Heat, boilers, heating, oil, factories, temperature, atomic, energy, insulated, central, thermal)

b) Assign words from column A to words in column B

Heat	Provision of heating
Return temperature	100 ° C
District heating	> 450 km
First installation of T / C in Greece	20 ° C - 40 ° C
Total pipe length	Ptolemaida
Initial Temperature	Steam

c) Describe in your own words how the district heating works				
	• • • • • • • • • • • • • • • • • • • •			

Section 4: Tele-Heating – How it Works

1. Watch the following video carefully:



2. Mark suggestions as True (T) or False (L)

The district heating sys	stem is powered and	d operated at a thermal power that			
receives constantly fro	m two (2) units of th	he CHP. Ag. Dimitriou			
•		5			
The T / C Enterprise ha	as its own boiler roo	m, which is used every time there			
is a need to cover a hea	nt load deficit				
All over the years, T / 0	C has been abolished	d over 35,000 chimneys			
The price of district he	ating is 25% less tha	an the price of heating oil			
-	_				
The water returns hot	again to the factorie	S			
					_
3) Choose the right ar	nswers from each q	juestion:			1
					Ø /
a) The water transferred	d from the factory of	Ag. Dimitriou is:			4
_	_	_	_		
☐ Bright	☐ Cold	☐ Warm		Pure	
b) The water that return	ns from the city to the	e factory of Ag. Dimitriou is:			

Bright	Cold	☐ Warm	☐ Pure			
o) The water that returns fro	om the city to the factory of	Ag. Dimitriou is:				
Cold	☐ Hot	Dirty	Hot			
Before the water reaches the city, you may need to:						
Refresh	☐ Clean Up	Freeze	☐ Enrich			
d) In the city the water is transported to						
Schools	☐ Public Services	☐ Apartment Buildings	☐ All above			

4) Describe in your own words the benefits of district heating (according to the video)					

Section 5: Energy saving

1. Read the following text carefully:

2.

Definition - Ways of saving

Energy saving is called any effort that reduces the waste of energy reserves.

This can be done by selecting cheaper engines for fuel, more efficient home installations (insulations, etc.) and more economical (less) energy consumption. Undoubtedly such measures are the fact that regardless of economic profits, they produce much less air pollution.

Ways to save energy are:

- We change the incandescent lamps in our room with saving lamps.
- Turn off the TV, stereo, and generally all electrical devices from the main switch (do not leave them in standby mode).
- Proper insulation of the house ensures coolness in the summer and warmth in winter.
- Avoid using an electric heater or stove.
- In summer we put a fan to cool down and avoid using an air conditioner





- We do not "forget" the chargers when plugged in.
- Lower washing temperature in the washing machine and wash only when the bucket is full.
- We prefer laptop and flat screen, turn off the screen and turn off peripheral systems when not in use.
- We cook smart, in dishes that fit into the hobs with the lid closed. Ten minutes before preparing the meal we close the eye.
- When buying new electrical appliances, we select a high energy class (A ++, A +, A).
- Install a solar water heater.
- We install on our roof a photovoltaic system of electricity generation (1kW, ie about 10-15 square meters).



2) Choose the right answers from each question:							
a) Energy savings can occur:							
☐ Economical Machines ☐ Insulation ☐ Smaller Power Consumption ☐ All above							
b) Insulation ensures coolness in the summer and winter:							
☐ Many Costs	☐ Heat	☐ Co	old	☐ Wasting			
c) We only wash to save energy when the laundry bucket is:							
☐ Full	☐ In the middle	☐ AI	most full	☐ Almost empty			
d) We close the TV and all electrical appliances:							
From the main switch	☐ We leave t	hem stand by	As we recall	☐All the above			
3) Assign words from column A to words in column B							
Incandescent lamps			High energy class				
Energy saving			Restrict Wastage				
Electrical devices			Smaller atmospheric pollution				
Economic benefit and			Photovoltaic system				
Hot water			Saving lamps				
Terrace			Solar Water Heater				
4) Respond by circling YE	ES or NO, for wha	t you do in y	our everyday lif	e in an effort to save			

energy. Discuss your answers and draw conclusions about your perception of energy saving

• We close the TV, stereo, and generally all electrical appliances from the main switch (do not let them stand by)

> YES NO

• We do not "forget" the chargers when plugged in

YES NO \bullet We lower washing temperature in the washing machine and wash only when the bucket is full

YES NO

• We prefer laptop and flat screen, turn off the screen and turn off peripheral systems when not in use

YES NO

• We cook smartly in dishes that fit into the hobs with the lid closed. Ten minutes before preparing the meal we close the eye

YES NO

• We avoid the use of an electric heater or stove

YES NO

• In the summer we put a fan to cool down and avoid using an air conditioner

YES NO

